

**Greater Albany SD 8J**  
Administrative Regulation

Code: **GBEB-AR(2)**  
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**Hygienic Practices to Protect Against Communicable Diseases**

To reduce the possibility of the spread of serious communicable diseases, the following hygienic procedures are to be used when a student or employee may have contact with blood or other body fluids.

1. Although HIV, AIDS and HBV are serious illnesses, the risk of contracting the disease in a school setting is extremely low. Standard precautions should be observed by first aid providers in all situations involving exposure to blood or other body fluids. These precautions apply to bleeding injuries of all persons, not just known or suspected to be infected:
  - a. Employees must wear disposable plastic gloves when providing first aid for bleeding injuries;
  - b. Employees should wash their hands with soap and warm water immediately before and after administering first aid;
  - c. Avoid getting blood from an injured person in one's mouth or eyes. If such an exposure occurs, rinse the eye or mouth thoroughly with water;
  - d. Clean up any spilled body fluids with soap and water, followed by disinfection with a solution known to effectively control the spread of communicable diseases;
  - e. Place blood-contaminated items such as gloves, bandages and paper towels in a red plastic bag, tie closed and put in the appropriate garbage receptacle;
  - f. Dispose of sharps in the red sharps disposal containers only;
  - g. Report the first aid situation to the immediate supervisor.
  
2. The following precautions shall be applied in classrooms. These include:
  - a. A sink with soap, running water and disposable towels should be available close to the classroom;
  - b. Sharing of personal toilet articles, such as toothbrushes and razors, shall not be permitted;
  - c. Skin lesions which secrete fluid shall be kept covered with a dressing;
  - d. Exchange of saliva by kissing, sharing items which have been mouthed and putting fingers in the mouths of others shall be discouraged;
  - e. Environmental surfaces which may be regularly contaminated by students' saliva or other body fluids shall be washed daily with soap and water.