

# Alsea School District 7J

Code: **JHCA**  
Adopted: 1/10/96  
Readopted: 7/12/10; 7/12/16  
Orig. Code(s): JHCA

## **Physical Examinations of Students\*\***

Students in grades 7, 9 and 11 are to have physical examinations performed prior to practice and competition in athletics. The examination should be performed no earlier than May 1 of the preceding school year. The physical examination must be conducted by a physician possessing an unrestricted license to practice medicine, a licensed naturopathic physician, a licensed physician assistant, a certified nurse practitioner or a licensed chiropractic physician who has clinical training and experience in detecting cardiopulmonary diseases and defects.

Students in grades 8, 10 and 12 who have had a physical examination as indicated above are required to have an Annual Interval History form filled out before they can take part in any athletic practice or contest. This form is to be completed and signed by a parent, giving permission for the student to participate and indicating their responsibility toward insurance coverage. The district may require a student have an additional physical examination if he/she has had an injury, surgery, diagnosis of a significant disease or illness in the past year.

A student new to the district is required to have a physical examination if he/she has not had the required Oregon medical examination or its equivalent.

Any participant who has an injury or illness and has been under the care of a physician must have a Return to Play form signed by the physician before participation.

END OF POLICY

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### **Legal Reference(s):**

[ORS 332.107](#)

[ORS 336.479](#)

[OAR 581-021-0041](#)

OREGON SCHOOL ACTIVITIES ASSOCIATION, OSAA HANDBOOK.

### **Cross Reference(s):**

IGDJ - Interscholastic Athletics