

# Baker School District 5J

Code: **JHCA**  
Adopted: 3/08/05  
Orig. Code(s): JHCA

## **Physical Examinations of Students\*\***

Students in grades 7 through 12 are to have physical examinations performed prior to participation in extracurricular sports. "Participation," as used in this policy means participation in sports practices and interscholastic sports competition. The physical examination must be conducted by a physician possessing an unrestricted license to practice medicine, a licensed naturopathic physician, a licensed assistant, a certified nurse practitioner or a licensed chiropractic physician who has clinical training and experience in detecting cardiopulmonary diseases and defects.

Students who continue to participate in extracurricular sports in grades 7 through 12 shall be required to complete a physical examination once every two years, thereafter.

Students are required to submit to the district a School Sports Pre-Participation Examination form prior to their participation. This form is to be completed and signed by a parent and physician, giving clearance and permission for the student to participate and authorizing emergency medical treatment and/or transportation to a medical facility, as necessary. A student who is subsequently diagnosed with a significant illness or has had a major surgery is required to have a physical examination prior to further participation in extracurricular sports.

END OF POLICY

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### **Legal Reference(s):**

[ORS 332.107](#)

[ORS 336.479](#)

[OAR 581-021-0041](#)

OR. SCH. ACTIVITIES ASS'N, OSAA HANDBOOK.

### **Cross Reference(s):**

IGDJ - Interscholastic Athletics