

Mother Friendly Educational Environment

The district recognizes that a normal and important role for mothers is to have the option and ability to provide for their child by breast feeding or expressing milk. The Board directs the superintendent or designee to take measures and develop regulations to ensure that all district students shall be provided with an adequate location for the expression of milk or breast feeding.

The superintendent or designee shall see that the district makes a reasonable effort to provide a room or other location in close proximity to work areas, other than a restroom, where a student can breast-feed her child or express milk in privacy. This policy directs the superintendent or designee to include the following in the development of a regulation to ensure the provisions for students required by this policy.

1. The advice of a school nurse or health professional in determining the most reasonable facility accommodation.
2. The plan shall include an accessible, private room with a lock that would allow a mother:
 - a. To breast-feed a child brought in during a lunch or other break period; or
 - b. To pump breast milk to be stored for later use.
3. The room shall include:
 - a. Electrical outlets for electric pumps and a refrigeration unit;
 - b. Sanitation facilities including a sink close by, for hand washing and the rinsing of containers; and
 - c. A sign-up sheet and a sign posting the room as “private during use.”

A reasonable effort will be made to provide a flexible schedule in consideration of the requirements of the student’s educational schedule.

The district shall provide the student a 30-minute rest period to breast-feed or express milk during each 4-hour period, or the major part of a four-hour period, to be taken by the student approximately in the middle of the period. If feasible, the student will take the rest period at the same time as the rest periods or meal periods provided by the district.