

Communicable Diseases

School age students occasionally have signs and symptoms which may be related to communicable diseases. Only a licensed health practitioner can determine a diagnosis and/or prescribe treatment and provide instructions regarding the students' return to school. Very few illnesses mandate exclusion from school. However, students should be excluded from school participation if:

1. Illness prevents student from participating in school activities;
2. Student requires more care than the school staff can provide;
3. Any of the symptoms listed below are observed:
 - a. Fever greater than 100.5°;
 - b. Vomiting;
 - c. Stiff neck or headache with fever;
 - d. Rash - with or without fever;
 - e. Behavior change - - irritability, lethargy, somnolence;
 - f. Jaundice (yellow color to skin or eyes);
 - g. Diarrhea - - 3 watery (loose) stools/day with fever or if condition persists longer than three days;
 - h. Skin lesions that are "weepy" or pus filled;
 - i. Colored drainage from eyes, nose, ears;
 - j. Difficulty breathing.

In accordance with state law, rule and health authority communicable disease guidelines, procedures, as established below, will be followed:

School Restrictable/School Reportable Diseases

1. Restrictable diseases are communicable diseases which occur in a setting where predictable and/or serious consequences may occur to the public. School restrictable diseases are defined as a disease which can be readily transmitted in a school setting and to which students and/or employees in a school may be particularly susceptible;
2. A district employee who is diagnosed to have a school restrictable disease shall not engage in any occupation which involves contact with students as long as the disease is in a communicable stage;

3. A student who is diagnosed to have a school restrictable disease shall not attend school as long as the disease is in a communicable stage. These restrictions are removed by the written statement of the local health officer or designee or a licensed physician (with the concurrence of the local health officer) that the disease is no longer communicable to others in the school setting. For those diseases indicated by an asterisk (*) the restriction may be removed by a school nurse. For pediculosis, or head lice (indicated by a double asterisk (**)), the restriction may be removed after the parent provides a signed statement that a recognized treatment has been initiated. School restrictable diseases include, but are not limited to:

Diseases/Symptoms	Exclusion/Restriction/Reporting
<p>AIDS (Acquired Immunodeficiency Syndrome) AIDS is a later stage of an infection caused by the Human Immunodeficiency Virus (HIV). Swollen lymph nodes, loss of appetite, chronic diarrhea, weight loss, fever or fatigue and opportunistic infections.</p>	<p>Exclude: NO Restriction: NO-See state “Guidelines for Schools with Children who have Hepatitis B Virus or Human Immunodeficiency Virus Infection” for further information. Report: YES</p>
<p>ATHLETE’S FOOT Dry scaling and/or cracking blisters and itching, especially Between toes and bottoms of feet.</p>	<p>Exclude: NO Restriction: NO Report: NO</p>
<p>BOILS - (See also STAPH SKIN INFECTION) Large pimple-like sore, swollen, red, tender, may be crusted or draining. Headache, fever may be present. Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D./School Nurse permit.</p>	<p>Report: NO</p>
<p>CHICKEN POX Slight fever, blister-like rash, usually beginning on trunk, blisters scab over.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend when chicken pox lesions have crusted or dried with no further drainage(minimum of 5 days after rash appears). Report: NO</p>
<p>COMMON COLD (Upper Respiratory Infection) Period of communicability: 24 hours or until 5 days after onset of symptoms. Runny nose and eyes, cough sneezing, possible sore throat, fever uncommon.</p>	<p>Exclude: Exclude only if illness interferes with student’s school activities or meets criteria listed for exclusion in Section I. Restriction: NO Report: NO</p>
<p>DIARRHEAL DISEASES Loose, frequent stools, sometimes with pus or blood. Vomiting, headaches, abdominal cramping or fever may be present.</p>	<p>Exclude: Exclude only if illness interferes with student’s school activities or meets criteria listed for exclusion in Section I. Restriction: No restrictions for attendance unless meets criteria listed for school exclusion in Section I. Report: No usually, depends on diagnosis</p>

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<p>FIFTH DISEASE Bright red cheeks, blotchy, lace appearing rash on extremities which fades and recurs, runny nose, loss of appetite, sore throat, low grade fever, headache.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D. permit. Report: NO</p>
<p>HAND, FOOT AND MOUTH DISEASE Sudden onset fever, sore throat and lesions in mouth. Blistered lesions on palm, fingers and soles.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Heal Officer/ M.D. permit. Report: NO</p>
<p>HEAD LICE Itching of scalp. Lice and/or nits (small grayish brown eggs) in the hair.</p>	<p>Exclude: YES Restriction: Readmit with statement from parent/guardian that Recognized initial treatment of shampooing with pediculicide, removal of all nits and treating household items has been initiated. Report: NO</p>
<p>HEPATITIS A Sudden onset with loss of appetite, fever, nausea, fatigue, right upper abdominal discomfort. Later student may have jaundice (yellow color to skin and eyes), dark urine or clay-colored stools. May have mild or no symptoms. No “carrier” state.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D. permit. Report: YES</p>
<p>CMV (Cytomegalovirus) Caused by a human herpes virus. Most severe form of The disease occurs to infants infected from mother During pregnancy, premature infants and the immuno-compromised. A variety of symptoms can occur.</p>	<p>Exclude: NO Restriction: NO Report: NO</p>
<p>HEPATITIS B Fever, headache, fatigue, vomiting, aching, loss of appetite, Dark urine, abdominal pain, clay-colored and jaundice.</p>	<p>Exclude: NO Restriction: NO - See state “Guidelines for Schools with Children who have Hepatitis B Virus or “Human Immunodeficiency Virus Infection” for further information Report: YES</p>
<p>HIV DISEASE (Human Immunodeficiency Virus Disease) May have acute flu-like illness. Most often, no symptoms present in early stages of infection. AIDS is a later stage of HIV infection (see AIDS)</p>	<p>Exclude: NO Restriction: NO - See state “Guidelines for Schools with Children who have Hepatitis B virus or Human Immunodeficiency Virus Infection” for further information. Report: NO</p>

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<p>IMPETIGO (see also staphylococcal skin infections) Blister-like sores (often around the mouth and nose), crusted draining and “itching.”</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D./School Nurse permit. Report: NO</p>
<p>INFLUENZA (Flu”) Abrupt onset, fever, chills, headache, muscle aches, cough.</p>	<p>Exclude: Exclude only if illness interferes with student’s school activities or meets criteria listed for exclusion in Section I. Restriction: NO Report: NO</p>
<p>MEASLES Fever, eye redness, runny nose, a very harsh cough; 3-7 days Later dusky red rash (starts at hairline and spreads down); white spots in mouth. Highly communicable</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D. permit. Report: YES</p>
<p>MENINGOCOCCAL DISEASE Sudden onset of high fever, nausea, vomiting, headache, stiff Neck, lethargy. May have blotchy, purplish, non-blanching rash.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: NO Bed rest for a time and withdrawal from PE/Athletic activities are encourage until student has recovered fully or with MD permit. Report: NO</p>
<p>MONOMUCLEOSIS Fever, sore throat, swollen lymph nodes, fatigue, abdominal Pain, headache, personality changes.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: NO Bed rest for a time and withdrawal from PE/Athletic activities are encouraged until student has recovered fully or with MD permit. Report: NO</p>
<p>MUMPS Painful swelling of neck and facial glands, fever, possible abdominal pain.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/MD permit. Report: NO</p>
<p>PINK EYE (Conjunctivitis) Eyes tearing, irritated and red, sensitive to light. Eye lids Puffy, may have yellow discharge.</p>	<p>Exclude: Exclude only if illness interferes with student’s school activities or meets criteria listed for exclusion in Section I Restriction: May attend with Health Officer/M.D./ School Nurse permit. Report: NO</p>
<p>PINWORMS Nervousness, irritability, itching of anus, abdominal pain. Sometimes no symptoms present.</p>	<p>Exclude: NO Restriction: NO (Possibly in day care settings or in situations Where children have the inability to control bowel functions.) Report: NO</p>

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<p>RINGWORM-SCALP Patchy areas of scaling with mild to extensive hair loss. May have round areas of “stubs” of broken hair.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D./School Nurse permit. Report: NO</p>
<p>RINGWORM-SKIN Ring-shaped red sores with blistered or scaly border. “Itching” common.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D./School Nurse permit. Report: NO</p>
<p>RUBELLA (German Measles, 3-day measles) Slight fever, aches, red eyes, runny nose, headache, lethargy and a pinkish rash that starts at face and spreads rapidly to trunk and limbs. Swollen glands back of head and neck.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D./School Nurse permit Report: YES</p>
<p>SCABIES Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D./School Nurse permit. Report: NO</p>
<p>SHINGLES (Herpes Zoster) Skin lesions which are a result of the same virus that causes Chicken Pox. Lesions may appear in crops. Occurs mainly in older adults, but may occur in children also.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D permit and if lesions can be covered with dressing, or when lesions are scabbed/dried.</p>
<p>STAPH SKIN INFECTIONS Draining sores, slight fever, aches and headache.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D permit. Report: NO</p>
<p>STREP THROAT - SCARLET FEVER (streptococcal infections) Strep Throat: Sore throat, fever, swollen red tonsils, tender neck glands. Scarlet Fever: Same as strep throat with a red blotchy, sandpapery rash on trunk and a “strawberry” tongue.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D./School Nurse permit. Report: NO</p>
<p>TUBERCULOSIS Infectious/active Cough, fatigue, weight loss, fever, loss of appetite.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D./School Nurse permit Report: YES</p>

Diseases/Symptoms	Exclusion/Restriction/Reporting
<p>WHOOPING COUGH (Pertussis) Begins with mild “cold” symptoms and progresses to violent spasms of coughing spells that end in a whooping sound and/or vomiting. Slight or no fever.</p>	<p>Exclude: Exclude for medical diagnosis if symptoms listed in Section I are present. Restriction: May attend with Health Officer/M.D. permit Report: YES</p>
<p>Reviewed and approved by Communicable Disease Section, Oregon Health Division, Portland, OR (July 1996)</p>	

The school administrator may, when he/she has reasonable cause to believe the student has a school restrictable disease, exclude that student from attendance until a physician, public health nurse or school nurse certifies that the student is not infectious to others;

4. The local health officer or designee may allow students and employees with diseases in a communicable stage to continue to attend and to work in a school when measures have been taken to prevent the transmission of the disease;
5. More stringent rules for exclusion from school may be adopted by the local health department or by the district through Board adopted policy;
6. A disease may not be considered to be a school restrictable disease unless it is listed in section 3. above, in accordance with OAR 333-019-0015 (2), it has been designated to be a school restrictable disease through Board policy or the local health administrator determines that it presents a significant public health risk in the school setting;
7. When a person is diagnosed as having diphtheria, measles, pertussis (whooping cough) or rubella (German measles), the local health officer may exclude from any school in his/her jurisdiction any student or employee who is susceptible to that disease.
8. The district’s emergency preparedness plan shall address the districts plan with respect to a declared public health emergency at the local or state level.

Notification

1. Any staff member who has reason to suspect that a student is infected with a reportable, but not school restrictable disease shall so inform the school administrator. All employees shall comply with all reporting measures adopted by the district and with all rules set forth by Oregon Health Services, and health department.
2. Employees have a responsibility to report to the district when infected with a school restrictable communicable disease unless stated otherwise by law.
3. In the event a school administrator is informed that a staff member or student may have a reportable disease, he/she will seek confirmation and assistance from the local health department to determine the appropriate district response. Reportable diseases include, but are not limited to:
 - a. Acquired immunodeficiency syndrome (AIDS);
 - b. Amebiasis;
 - c. Anthrax;

- d. Botulism;
- e. Brucellosis;
- f. Campylobacteriosis;
- g. Chancroid;
- h. Chlamydia trachomatis infection of the genital tract;
- i. Cholera;
- j. Cryptosporidiosis;
- k. Diphtheria;
- l. Escherichia coli 0157-caused illness;
- m. Food-borne illness;
- n. Giardiasis;
- o. Gonococcal infections;
- p. Haemophilus influenzae-caused invasive disease;
- q. Hemolytic uremic syndrome;
- r. Hepatitis (A; B; non-A, non-B and delta);
- s. HIV infection*;
- t. Leprosy;
- u. Leptospirosis;
- v. Listeriosis;
- w. Lyme disease;
- x. Lymphogranuloma venereum;
- y. Malaria;
- z. Measles (Rubeola);
- aa. Meningococcal disease;
- bb. Pelvic inflammatory disease, acute, nongonococcal;
- cc. Pertussis;
- dd. Plague;
- ee. Poliomyelitis;
- ff. Psittacosis;
- gg. Q fever;
- hh. Rabies (human and animal cases);
- ii. Rocky Mountain spotted fever;
- jj. Rubella (including congenital rubella syndrome);
- kk. Salmonellosis (including typhoid fever);
- ll. Shigellosis;
- mm. Syphilis;
- nn. Tetanus;
- oo. Trichinosis;
- pp. Tuberculosis;
- qq. Tularemia;
- rr. Yersiniosis.

*Does not apply to anonymous HIV testing.

4. With consultation and direction from the district's school nurse or appropriate health authorities, the school administrator or designee shall determine which other persons may be informed of the infectious nature of the individual student or employee within guidelines provided in statute.

Education

1. The school administrator or designee shall seek information from the district's school nurse or other appropriate health officials regarding the health needs/hazards of all students and the educational needs of the infected student.
2. The school administrator or designee shall, utilizing information obtained in section 1. above, determine an educational program for the infected student and implement same in an appropriate (regular or alternative) setting.
3. The school administrator or designee shall, from time-to-time, review the appropriateness of the educational program and the setting of each individual student.

Equipment and Training

1. The school administrator or designee shall, on a case-by-case basis, determine what equipment and/or supplies are necessary in a particular classroom or other setting in order to prevent disease transmission.
2. The school administrator or designee shall consult with the district's school nurse or other appropriate health officials as to whether it is necessary to provide special training in the methods of protection from such communicable disease.

All district personnel will be instructed annually by the school health nurse to use the proper precautions pertaining to blood and body fluid exposure.