

## Staff Health and Safety Regulations

The Board hereby adopts the following infection control regulations:

1. All sharp objects which could be a source of cuts, punctures, or lacerations, should be covered where possible or labeled appropriately. Needles used in health care facilities should not be resheathed after use. Sharp objects must be disposed of in safe containers so as not to pose a hazard for custodial personnel.
2. Persons with cuts, scratches or other lesions on the hands or other exposed areas should wear covering bandages and/or gloves to prevent blood/body fluid contamination of their surroundings, of themselves, or of other persons.
3. Whenever possible, disposable rubber or plastic gloves should be worn when providing first aid for bleeding injuries. However, administration of appropriate care should not be delayed because gloves are not available.
4. Contact of the skin with blood or body fluids from other persons should be avoided. If such exposure occurs, the affected skin should be washed thoroughly with soap and water.
5. Contact with the mouth, eyes or other mucous membrane areas with blood or other body fluids from other persons should be avoided. If such exposure occurs, the affected region should be washed thoroughly with water.
6. Environmental surfaces on which blood has been spilled should be cleaned promptly with soap and water, followed by disinfectant with a freshly made solution of one part bleach to 10 parts water. Some commercially available disinfectants are an acceptable substitute.
7. Blood-contaminated items such as gloves, bandages and paper towels should be placed in a sealed plastic bag, and immediately put in the garbage receptacle.
8. Hard impervious containers should be used when disposing of sharp blood-contaminated materials which could cause injuries to others.
9. An incident in which blood from one person contacts mucous membranes or broken skin of another should be promptly reported to the supervisor.