

## **Guidance and Counseling Program**

The district recognizes that all students are individuals with unique needs and strengths. The desire of the Board is to support a counseling and guidance program that assists students in understanding themselves and realizing their full potential.

The counseling and guidance program should provide learning experiences for students that develop values and attitudes that enhance interpersonal relationships and responsible individual behavior and align with the district's school improvement plans. Students in grade K-12 will participate in a career education program based on the Oregon Department of Education's *Framework for Comprehensive Guidance and Counseling Program for Pre-Kindergarten through Twelfth Grade*.

### **Districtwide Goals**

1. The student is able to make appropriate decisions and use problem-solving skills.
2. The student is able to use the skills involved in self-exploration and self-discovery to examine personal feelings, values, interests and aptitudes.
3. The student is able to communicate effectively in relationships with others.
4. The student is able to self-advocate and accept responsibility for his/her own actions.
5. The student is able to understand and utilize the opportunities and alternatives available in the educational program for meeting academic standards.
6. The student is able to set tentative career goals.
7. The student is able to use the resources available in the school and community.
8. Students in grades 7-12 will create, and annually review, an education plan and education portfolio.
9. The student will demonstrate the ability to use personal qualities, education and training in a work setting.
10. The student will demonstrate the use of personal skills in making contributions in his/her community.

## **Counseling Policy**

Counselors at the district may discuss the following subjects in their confidential counseling sessions:

1. Discussion of sexual matters;
2. Discussion of birth control;
3. Referring a student to a family planning clinic;
4. Referring a student to a mental health service;
5. Referring a student to a doctor.

END OF POLICY

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### **Legal Reference(s):**

[ORS 40.245](#)

[ORS 326.565](#)

[ORS 326.575](#)

[ORS 336.187](#)

[OAR 581-021-0046\(7\)](#)

[OAR 581-022-0405](#)

[OAR 581-022-0606](#)

[OAR 581-022-0610](#)

[OAR 581-022-1020](#)

[OAR 581-022-1510](#)

[OAR 581-022-1512](#)

Family Educational Rights and Privacy Act of 1974, 20 U.S.C. § 1232g (2011); Family Educational Rights and Privacy, 34 C.F.R. Part 99 (2011).

Protection of Pupil Rights, 20 U.S.C. § 1232h (2006); Student Rights in Research, Experimental Programs and Testing, 34 C.F.R. Part 98 (2006).

### **Cross Reference(s):**

IJA - Confidentiality in Counseling