

Mother Friendly Workplace

The district recognizes that a normal and important role for mothers is to have the option and ability to express milk and breast-feed in the workplace. The Board directs the superintendent or designee to take measures and develop procedures to ensure that all district employees shall be provided with an adequate location to express milk for her child and breast feed her child.

The superintendent or designee shall see that the district makes a reasonable effort to provide a private¹ room or other location in close proximity to the employee's work area, other than a restroom, where an employee can express milk and breast-feed in private. This policy directs the superintendent or designee to include the following in the development of procedure to ensure the provisions for employees required by this policy.

1. The advice of a school nurse or health professional in determining the most reasonable facility accommodation.
2. The access to a private room with a lock that would allow a mother to to express milk for her child and breast-feed her child during a lunch or other break period;
3. A room which shall include:
 - a. Electrical outlets for electric pumps, as needed; and
 - b. A sign up sheet and a sign posting the room as "private during use."

The district will provide sanitation facilities, including a sink, close by for hand washing and for use to rinse breast pump equipment.²

A reasonable effort will be made to provide a flexible work schedule in consideration of the requirements of the staff member's responsibility.

The district shall provide the employee a 30-minute unpaid rest period to express milk and breast-feed during each 4 hour work period to be taken by the employee approximately in the middle of the work period.

¹A "private location" is a place, other than a public restroom or toilet stall, in close proximity to the employee's work area for the employee to express milk concealed from view and without intrusion by other employees or the public...(OAR 839-020-0051).

²Oregon Health Authority, "How to Become a Breastfeeding Friendly Employer" (2015).

This policy and a list of designated locations will be published in the employee handbook. A list of designated locations must be readily available upon request in the central office of each school facility and in the district's central office.

END OF POLICY

Legal Reference(s):

[ORS 243.650](#)

[ORS 653.077](#)

[ORS 653.256](#)

[OAR 839-020-0051](#)

OREGON HEALTH AUTHORITY, HOW TO BECOME A BREASTFEEDING FRIENDLY EMPLOYER, (2015).