

Vending Machines

Only healthy food/snacks may be sold in a “candy/snack foods” vending machine.

Single sales unit of snacks sold in vending machines must meet **three** of the following to be considered as “healthy”:

1. Contain 275 calories or fewer;
2. 10 grams or less of total fat;
3. 17 grams sugar or less (based on 35 percent weight on 1.75 oz portion);
4. At least three grams of protein.

No foods of minimal nutritional value.

“Foods of minimal nutritional value (FMNV)” means:

1. In the case of artificially sweetened foods, a food which provides less than five percent of the Reference Daily Intakes (RDI) for each of eight specified nutrients per serving; and
2. In the case of all other foods, a food which provides less than five percent of the RDI for each of the eight specified nutrients per 100 calories and less than five percent of the RDI for each of eight specified nutrients per serving. The eight nutrients to be assessed for this purpose are – protein, vitamin A, vitamin C, niacin, riboflavin, thiamine, calcium and iron;
3. Food that is classified into four categories:
 - a. Carbonated soft drinks;
 - b. Chewing gum;
 - c. Water ices; and
 - d. Certain candies made predominantly from sweeteners such as hard candy, licorice, jelly beans, gum drops, marshmallows, fondant, cotton candy and candy-coated popcorn.