

La Grande School District 1

Code: **IGAF**
Adopted: 3/9/05
Readopted: 6/13/07; 4/30/08
Orig. Code(s): IGAF

Physical Education

Educators and health professionals recognize that students of school age need vigorous physical activity to promote proper growth and development. Schools help assume the responsibility for meeting this need by offering physical education classes.

The primary means to meet students' activity needs should be a broad, varied developmental program of physical education. Physical education is a required instructional program for all students in kindergarten through grade 9. Elective physical education shall be made available for students in grades 10 through 12. The physical education program shall include instruction in basic motor skills, rhythms, games, sports and self-testing activities.

END OF POLICY

Legal Reference(s):

[ORS 332.10](#)