

Lake County School District 7

Code: **JHCA**
Adopted: 11/24/03
Readopted: 11/14/11
Orig. Code(s): JHCA

Physical Examinations of Students**

Students in grades 7 through 12 are to have physical examinations performed prior to participation in extracurricular sports. "Participation," as used in this policy means participation in sports practices and interscholastic sports competition. The physical examination must be conducted by a physician possessing an unrestricted license to practice medicine, a licensed naturopathic physician, a licensed physician assistant, a certified nurse practitioner or a licensed chiropractic physician, who has clinical training and experience in detecting cardiopulmonary diseases and defects. The examination should be performed no earlier than May 1 of the preceding school year.

Students who continue to participate in extracurricular sports in grades 7 through 12 shall be required to complete a physical examination once every two years, thereafter. The physical examination is the responsibility of the parents/students and is to be paid for by parents/students.

Students are required to submit the required OSAA examination¹ form prior to their participation. This form is to be completed and signed by a physician and parent, giving clearance and permission for the student to participate and authorizing emergency medical treatment and/or transportation to a medical facility as necessary. The district shall require a student to have an additional physical examination if he/she is diagnosed with a significant illness or has had major surgery, prior to further participation in extracurricular sports.

A student new to the district is required to have a physical examination if he/she has not had the required Oregon medical examination or its equivalent.

Any participant who has an injury, significant illness or major surgery and has been under the care of a physician must have a Return to Play form signed by the physician before participation.

END OF POLICY

Legal Reference(s):

[ORS 332.107](#)

[ORS 336.479](#)

[OAR 581-021-0041](#)

OR. SCH. ACTIVITIES ASS'N, OSAA HANDBOOK.

¹Form available at www.osaa.org.