

# Lane Education Service District Policy

Code: **GBEE**  
Adopted: 1/25/94  
Readopted: 9/25/01  
Orig. Code(s): GBEE

## Wellness

The Board recognizes that the good health of its employees can provide tangible and intangible benefits to Lane ESD as well as to the individual employee and, therefore, believes that the ESD should stress the value of practicing wellness activities and healthy lifestyles and assist employees in achieving and maintaining good health.

The Board directs the superintendent to appoint a wellness advisory committee to serve as a central clearinghouse and planning group for wellness-related issues. Membership on the committee will be voluntary and will be as representative as possible of the employees.

The goals for the ESD wellness program are as follows:

1. To provide employees with knowledge, skills and a sense of the value of wellness practices;
2. To communicate regular and ongoing information about wellness and health activities such as sound nutritional practices, exercise and stress management.

END OF POLICY

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Legal Reference(s):

[ORS 334.125](#)