

North Wasco County School District 21

Code: **IGD-AR**
Revised/Reviewed: 8/9/01; 5/26/04; 11/18/10;
6/15/17; 9/28/17
Orig. Code(s): IGD-AR

Co-curricular Participation

Eligibility: Cocurricular participation policy will be in effect the first day of fall sports/activities practice until the last day of school in the same calendar academic year.

In order to be eligible for athletic co-curricular activities, participants must comply with the following:

1. Have passed 4 classes from the previous trimester while being enrolled in a minimum of 4 classes (OSAA standard). During the current grading period, students must be passing 4 classes and maintain a 2.00 grade point average (GPA) on a weekly basis. Pass/No pass grades do not calculate in as part of a student's GPA for the purpose of this policy. Pass/No pass grades do apply to the number of classes passed. The high school administration may grant exceptions. Any student with 2 or more F, NP (Not passing) or I (Incompletes) grades will be determined ineligible until they show proof that their grades have been raised above the minimum standard.
2. Grade checks will be on a weekly basis. Coaches and athletes will be notified on Monday or Tuesday (if there is no school Monday) if they are academically ineligible.
3. Students will become eligible once a grade sheet is filled out and signed off by all their teachers and turned into the athletic office with proof they are passing 4 classes and maintaining a 2.0 GPA.
4. Have attended all class periods during the day of the activity. The high school administration may grant exceptions. Failure to do so will result in suspension from that day's activity or contest.
5. For athletic participation, have on file with the athletic department an up-to-date physical examination by a licensed health care provider prior to participation (a physical exam is good for two years).
6. For athletic and activity participation, provide proof of health insurance to the athletic department.
7. Any student/athlete who participates/competes during the school year will be held accountable for violations during the school year. This rule will go into effect once the student/athlete has signed the co-curricular policy.
8. In order to drop one sport and transfer to another, the athlete must receive written approval from both coaches and the athletic director.
9. Athletes will not conduct themselves in an unlawful manner. (Violations and traffic citations shall not be included unless stated in the policy).
10. No student/athlete may be involved in and/or associated with the use, possession and/or distribution of illegal drugs, alcohol or tobacco products. In addition, no student/athlete may be involved in the abuse of or illegal distribution of legal drugs (prescription medications, steroids, cough syrup, asthma inhalers, inhalants, etc.).

11. No student/athlete shall attend or remain at parties or other functions where alcohol, drugs, or tobacco are being used contrary to the provisions of Oregon Law. When a student/athlete discovers that alcohol and/or drugs are being used illegally he/she shall promptly remove him/herself from the premises. The observation of a coach, teacher, or administrator, investigative evidence, the report of a police officer and/or admission of a violation by a student/athlete is sufficient evidence for disciplinary action.
12. Comply with all Oregon Schools Activities Association (OSAA) and Oregon Department of Education (ODE) policies. These policies are available at the high school athletic office.
13. Have signed this policy prior to participating in any sport.

Conduct Expectations for Participants/Parents

1. Students who participate in athletics and extracurricular activities are expected to conduct themselves in a manner which reflects the high standards and ideals of their team, school, and community. High personal standards of conduct are expected at all times and individuals can attain maximum achievement and become positive role models for other students and members of the community. All student/athletes must be good citizens demonstrating good conduct at school and in the community before being allowed to represent the Dalles High School at any home or away activity. Conduct, which is unbecoming of a student/athlete and is not listed in these regulations, may lead to disciplinary action up to and including suspension or removal from the team by a head coach and/or the athletic director.
2. To the parent/guardian: This policy is written for the benefit of your son/daughter. Your son/daughter has indicated a desire to participate in co-curricular activities and/or interscholastic athletics and you have expressed your willingness to let him/her participate. Participation in co-curricular activities and sports provides a wealth of opportunities and experiences which assist students in personal development. It should be recognized that involvement in co-curricular activities and/or interscholastic athletics is a privilege. A student who elects to participate in athletics/activities is voluntarily making a choice of self-discipline and commitment. As a result, involvement is conditional, as the health and safety and welfare of students or student athletes must be our first priority. Good training habits and lifestyle are necessary to insure this experience. Failure to comply with the rules of training and conduct means possible disciplinary action. As parents/guardians, you are expected to adhere to district/OSAA/NFHS (National Federation of State High School Associations) sportsmanship and athletic policies.

Attendance Policy

1. Student athletes are required to be on time and in class every day they are scheduled. Absences for medical, family, class activities or other excusable reasons, must be cleared ahead of time through the attendance office. Verification of an unexcused absence will result in the student/athlete not participating in the next activity/athletic contest. An absence will remain unexcused until cleared by the administration.
2. Students will have 24 hours from the point of absence to be excused by the parent or guardian. Failure to do so will result in suspension from the next athletic contest.

3. Out-of-school suspension will result in the student/athlete not practicing or playing or practicing in their sport/activity until the day they return to school. Students will also be suspended for the next contest for accruing an out-of-school suspension.

Attendance Violation Consequences

First Violation Student will be suspended for the next athletic contest or extra-curricular activity. The parents will be notified. The student will be required to attend the contest and support the team, unless, the athletic event requires the team to leave during school hours, in which the student will stay in class and not travel with the team.

Second Violation Student will be suspended for the next two athletic contests or extra-curricular activities. The parents will be notified and required to meet with the athletic director and coach before the student can resume activities. The student will be required to attend the contests and support the team, unless, the athletic event requires the team to leave during school hours, in which the student will stay in class and not travel with the team.

Third Violation Student will be removed from the team for the remainder of the season.

Rules Violation Consequences

First Violation:

1. Parents/guardians will be notified in writing by certified mail of the eligibility rules violations and consequences by the School Administration. Every reasonable effort will be made to contact parents/guardians.
2. Student/athlete shall be suspended from participation in 33% of the contests for that sports season/activities according to the Athletic Contest Suspension Chart. (on back)
 - a. During the suspension period, the student/athlete shall remain a member of the co-curricular group or team and is required to practice and attend all contests/activities, unless the contest is away and students leave during school time.
 - b. Suspensions will carry over from one sport season/activity to the next if the terms of the suspension have not been completed.
3. The student/athlete will need to arrange and satisfactorily complete an online (or equivalent) drug assessment and drug counseling.

Second Violation:

1. Parents/guardians will be notified in writing by certified mail of the eligibility rules violations and consequences by the athletic director. Every reasonable effort will be made to contact parents/guardians.
2. The student/athlete shall be suspended from participation in 50 percent of the contests for that sports season/activity according to the Athletic/Activity Contest Suspension Chart. (on back)

- a. During the suspension period, the student/athlete shall remain a member of the co-curricular group or team and is required to practice and attend all contests/activities, unless the contest is away and students leave during school time.
 - b. Suspensions will carry over from one sport season/activity to the next if the terms of the suspension have not been completed.
3. At this time, the student/athlete will need to meet with an approved drug/alcohol/behavioral to begin rehabilitation/therapy.

The drug assessment and/or counseling program used must be approved by the athletic director.

Third Violation:

1. Parents/Guardians will be notified in writing by certified mail of the eligibility rules violations and consequences by the athletic director. Every reasonable effort will be made to contact parents/ guardians.
2. Student/Athlete will lose the privilege to compete in all sports/activities for one calendar year.

Appeals Process

After the third violation, the student/athlete may appeal to have eligibility reinstated by the following steps:

1. Successful completion of a treatment program as approved by the athletic director (i.e., drug and alcohol treatment, anger management, “Theft Talk”).
2. Request and complete an appearance before the **Appeals Board**.

The **Appeals Board** will consist of one staff member, two high school coaches or staff members and a member of the public as picked by the High School Administration. The **Appeals Board** will also include two adults chosen by the student/athlete.

3. If, by simple majority, the **Appeals Board** approves the request, eligibility for practice will be reinstated but the student/athlete will be ineligible to participate in activities/athletic contests for the equivalence of one full sports season.
4. Once reinstated, if the student/athlete violates 7, 8, 9 or 10 of the eligibility section of the Co-Curricular Participation Policy, eligibility shall be terminated.
5. To regain eligibility to compete in contests, the student/athlete may be required, at the athletic director’s discretion, to pass a zero tolerance drug test. The test used must be approved by the athletic director.
6. The student/athlete has the right to appeal to the North Wasco School District Board of Directors.
7. The required costs are the responsibility of the student/athlete and parent/guardian.

Self-Identification

If a student/athlete notifies the athletic director of an addiction/problem, that student/athlete will not be found in violation of this policy. The athletic director will follow the self-identification process to help the student/athlete with an addiction/problem. At that point the student/athlete is still governed by the Co-Curricular Participation Policy.

1. If drug paraphernalia, alcohol, tobacco, or other drugs (mood-altering substances) are involved, the student/athlete will arrange and satisfactorily complete drug assessment and drug counseling.

The drug assessment and counseling program used must be approved by the athletic director.

2. To continue eligibility to compete in contests, the student/athlete must agree to participate in a zero tolerance drug testing program at the athletic director's discretion. The test used must be approved by the athletic director.
3. The required costs are the responsibility of the student/athlete and parent/guardian.

Handicapped Conditions

In case of identified handicaps, OSAA guidelines will prevail.

Co-Curricular Participation Policy Conditions

The policy will be in effect from the first Fall OSAA-sanctioned practice or co-curricular activity to the conclusion of the Spring sports/activities season or the end of the school year, whichever is later.

I have read and agree to abide by the Co-Curricular Participation Policy as written. If policy modifications occur, this policy must be signed annually. All violations of the previous Co-Curricular Participation Policy shall carry over to the new revised policy. My signature below indicates that as a parent/guardian and/or student/athlete I have full knowledge, understanding and agreement to the standards set forth in this student/athletic policy.

Student/Athlete _____

Date _____

Parent _____

Date _____

Online drug assessment may be an educational tool designed to help educate the student or student athlete on the dangers associated with substance abuse.

ATHLETIC/ACTIVITY CONTEST SUSPENSION CHART

| # of Contests | Sport | 1st Violation 33% | 2nd Violation 50% |
|---------------|---------------|----------------------|----------------------|
| 9 | Football | 3 | 5 |
| 14 | Soccer | 4-5 | 7 |
| 18 | Volleyball | 6 | 9 |
| 12 | Cross Country | 4 | 6 |
| 24 | Basketball | 8 | 12 |
| 12 | Swimming | 4 | 6 |
| 14 | Wrestling | 4-5 | 7 |
| 10 | Skiing | 3 | 5 |
| 26 | Baseball | 8-9 | 13 |
| 26 | Softball | 8-9 | 13 |
| 12 | Track | 4 | 6 |
| 16 | Tennis | 5 | 8 |
| 20 | Golf | 6 | 10 |
| * | Rally Squad | * | * |

Revised 07/03/15

* Each Rally Squad member shall be penalized according to the sports season in which they participate (i.e., football, basketball, wrestling).

* Rally Squad members will be treated as athletes under the Athletic/Co-Curricular Participation.

* Contest Participation limitations are subject to change.

Definitions

“Student/athlete” means a student who wishes to participate under the following OSAA-sanctioned sports/activities: band, baseball, basketball, cheerleading, choir, cross country, dance, football, golf, orchestra, soccer, softball, solo music, speech, swimming, tennis, track and field, volleyball, wrestling.

“Athletics/activities” means any sport/activity listed under the OSAA sports and activities including: band, baseball, basketball, cheerleading, choir, cross country, dance, football, golf, orchestra, soccer, softball, solo music, speech, swimming, tennis, track and field, volleyball, wrestling.