

## **Lincoln Middle School Athletic Policy**

The primary purpose of the athletic program at Lincoln Middle School is to promote the physical, mental, social, emotional and moral well being of the participants. It is the hope of the district that athletics in our schools will be a positive force in preparing our young people for an enriching and vital role in our society. The athletic program is considered an important and integral part of the total school program and is open to participation by all students in the Oakland Schools. Through voluntary participation, the athlete gives time, energy and loyalty to the athletic program. The student also accepts the training rules, regulations and responsibilities that are unique to an athletic program. In order to contribute to the good of the program, the athlete must assume these obligations as the role demands sacrifices not required of other students.

### **Middle School Athletic Philosophy**

Athletic participation is a privilege, not a right. Student-athletes represent Lincoln Middle School and therefore are obligated to follow district and department rules and regulations. Middle school level athletics reflect the belief that athletics is a participatory experience. The role of athletics at Lincoln Middle School is to provide educational experiences in the framework of competitive athletics. By focusing on educational outcomes and student learning, athletics can provide avenues for physical, emotional, social and intellectual growth. The educational outcomes for participation in athletics at Lincoln Middle School are as follows:

#### **Physical Growth**

1. Achieving personal fitness
2. Learning to cope with stress
3. Learning participation skills
4. Learning good health habits

#### **Social Growth**

1. Developing interpersonal relationship skills
2. Developing a sense of responsibility to a group
3. Learning to win and lose graciously
4. Learning to work as a team
5. Learning sportsmanship and fair play
6. Learning respect for teams, opponents, coaches and officials
7. Representing yourself, your team and your school in a positive manner

#### **Intellectual Growth**

1. Learning commitment to a goal
2. Learning time management skills
3. Developing skills and strategies to support academic and athletic achievement

#### **Emotional Growth**

1. Gaining self-confidence, self-worth, and self-discipline
2. Learning to accept criticism
3. Learning to accept success and failure
4. Learning a sense of pride in achievement

## END OF POLICY

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### **Legal Reference(s):**

[ORS 326.051](#)

[ORS 332.075\(1\)\(e\)](#)

[ORS 339.430](#)

[OAR 581-021-0034](#) to -0035

[OAR 581-021-0045](#) to -0049

[OAR 581-022-1680](#)

Title IX of the Education Amendments of 1972, 20 U.S.C. §§ 1681-1683 (2006); Nondiscrimination on the Basis of Sex in Education Programs or Activities Receiving Federal Financial Assistance, 34 C.F.R. Part 106 (2006).

OR. SCH. ACTIVITIES ASS'N, OSAA HANDBOOK (2005).

Montgomery v. Bd. of Educ., 188 Or. App. 63 (2003).