

## Exemption from Health Classes

The Board recognizes the importance of teaching Health as part of the instructional program. The Board also recognizes that some classroom materials and concepts may be in conflict with the religious beliefs of students and their parents or guardians.

Provisions will be made to allow students to be excused from units of study or entire classes, if parents or guardians request exclusion based on religious beliefs.

To be exempt from specific units of study or an entire course, the following procedure must be followed.

1. Each year parents/guardians must submit a completed and signed copy of the exemption from designated health class form at the time of forecasting. A blanket exemption for more than one year of health exemption will not be allowed.
2. Students approved for exemption from health units of study or classes must select a replacement from the approved alternatives listed on page 2 of the form Exemption from Designated Health Class or the form Exemption from Health Class Unit of Study.
3. Parents/guardians must complete a separate exemption from designated health class unit of study for each unit of study to be exempted.

Credit will be granted for the approved alternative upon completion of the alternative to the level of satisfaction or proficiency as specified by the district.

Students shall replace the exempted class from the list of approved alternative classes. Total credits needed for graduation will not change because of exemptions from classes due to religious beliefs.

If a request is denied, a parents or guardians may appeal a principal's denial to the superintendent. The superintendent's denial of a request may be appealed to the Board.