

Oregon City School District

Code: **IGBHD-AR(3)**
Review: 1/14/08

Exemption from Health Class Unit of Study

The district, according to state law, expects that all students will participate in the basic instructional program offered by the district.

Health education is important. By addressing the health needs of students, increases will be seen in academic achievement and in the number of students who are capable of addressing future challenges. This is a major reason the District's health education programs focus on helping students develop knowledge, skills, attitudes and behavior essential for healthy living. However, parents/guardians may request (in writing) that a student be exempted from a unit of study that conflicts with a student and family's religious beliefs.

I am requesting that _____ (student's name) be excused from instruction during that portion of the curriculum dealing specially with education because of religious beliefs. Furthermore, I understand that if this request is granted, the student will have a comparable program of study for which he/she will be held accountable. (See back of this form for options.)

Parent/guardian name

Parent/guardian name

Date

Address

City/Zip

Area Code/Phone

Check one only:

7th Grade Health

8th Grade Health

Explanation for Exemption request. (Without a detailed explanation, exemption will be denied)

Timeline: this form must be submitted with forecasting forms. Request must be submitted each year.

FOR DISTRICT USE ONLY

Decision: Title of Unit: _____ Length of unit _____ Dates of unit: _____

Exemption Approved Exemption Denied _____

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Appeal Process:

Appeal Approved Appeal Denied Date: _____

Signature of Board Chair or designee _____

Approved Alternative Health List

The following options is available for students who have received exemption approval for a specific unit of study:

Research project assigned by the Health Instructor.

All requests for exemption for a specific unit of study must be approved by an appropriate district health instructor and signed by the principal or designee.

Health education is a high school graduation requirement designated by the Oregon Department of Education. (ORS 326.051 and OAR 581-022-1130)