

Pine Eagle School District 61

Code: **EFA**
Adopted: 10/09/06

Local Wellness Program

The Board recognizes that good nutrition and regular activity are essential for students to achieve their academic potential, full physical and mental growth and lifelong health and well-being. The school is responsible to offer healthful food options, physical activity and adequate health education to promote healthy growth and development to support learning.

The District's Wellness Policy will address Five areas: Nutrition Education, Nutrition guidelines for food service operations, Physical Activity Education, Mental Health Education, and Health Education that incorporates instruction in sex education, suicide prevention, drug, alcohol, and tobacco education, first aid/CPR/AED training, and communicable diseases.

Oversight of this policy is the responsibility of the district administration. The superintendent will develop administrative rules to implement the goals of this policy.

END OF POLICY

Legal Reference(s):

[ORS 332.107](#)

[OAR 581-051-0100](#)
[OAR 581-051-0305](#)

[OAR 581-051-0310](#)
[OAR 581-051-0400](#)

National School Lunch Program, 7 C.F.R. Part 210 (2006).

School Breakfast Program, 7 C.F.R. Part 220 (2006).

Child Nutrition and WIC Reauthorization Act of 2004 § 204, 42 U.S.C. § 1751 (2006).