

Health Education

Every student shall participate in health education as required by law.

The health curriculum is designed to promote positive attitudes regarding health knowledge and behaviors. The health curriculum is planned to assist students in acquiring the knowledge and skills necessary to develop appropriate safe living behaviors, appropriate management of stressors and risk-taking behaviors, appropriate physical fitness behaviors, and appropriate eating behaviors.

The health education curriculum addresses a wide range of topics representing risks and benefits to health. Through the health education curriculum, students learn to identify, assess, and evaluate options leading to the development of a healthy lifestyle.

END OF POLICY

Legal Reference(s):

[ORS 332.107](#)

[OAR 581-022-0705](#)