

Pilot Rock School District 2R

Code: **JHCA**
Adopted: 7/08/98
Readopted: 6/21/17
Orig. Code(s): JHCA

Physical Examinations for Students Participating in Extracurricular Activities**

Students in grades 7 and 10 are to have a physical examination performed by a physician possessing an unrestricted license to practice medicine, a licensed naturopathic physician, a licensed physician assistant, a certified nurse practitioner or a licensed chiropractic physician who has clinical training and experience in detecting cardiopulmonary diseases and defects, prior to practice and competition in athletics. The examination should be performed no earlier than May 1 of the preceding school year.

Students in grades 8, 9, 11 and 12 who have had a physical examination as indicated above are required to have a "Parents Permission form" filled out before they can take part in any athletic practice or contest. This form is to be completed by the parents and signed, with their permission for their child to participate and indicating their responsibility toward insurance coverage. The district may require a student to have an additional physical examination if he or she has had an injury, surgery, diagnosis of a significant disease or illness in the past year.

A student new to the district is required to have an athletic examination if he or she has not had the required Oregon medical examination or its equivalent.

Any participant who has an injury or illness and has been under the care of a physician must have a "Return to Play" form signed by the physician before returning to participation.

END OF POLICY

Legal Reference(s):

[ORS 332.107](#)

[ORS 336.479](#)

[OAR 581-021-0041](#)

OREGON SCHOOL ACTIVITIES ASSOCIATION, OSAA HANDBOOK.