

**Port Orford-Langlois
School District 2CJ**

Code: **JFCH/JFCI-AR**
Adopted: 6/8/04
Orig. Code(s): JFCH/JFCI-AR

**Athletic Drug Testing Program
Pacific High School**

Overview

This administrative regulation establishes and requires participation in a random drug-testing program for all students who participate in extracurricular athletics, including cheerleading, at Pacific High School. While participation in athletics is optional, participation in this program is not optional for those students who want to be involved in athletics. It is required but it is not a disciplinary or punitive program. It does not include cocurricular activities such as music, dance and forensics. The purpose of this program is to help ensure the health, safety and welfare of student athletes by helping to prevent and/or reduce use of illegal drugs. Student athletes who test positive for illegal drugs will not be allowed to participate.

The student and his/her parent(s) or guardian(s) must annually sign a consent form before participation in athletics will be allowed. The consent form allows the student to be randomly drug tested at any time during the sport season. This program will test for illegal drugs by the use of breathalyzer, saliva and/or urinalysis. The specimen will be collected by a trained collector using standard guidelines that provide for individual privacy while ensuring the integrity of the test. All test results will be shared with the student and his/her parent(s) or guardian(s). Test results will be confidential and will not be used for any purpose other than those of this program. The student athlete and his/her parent(s) or guardian(s) will have an opportunity to meet and explain any positive results before the results are declared as a verified positive. Verified positive test results will be shared with the student's coach and the PHS athletic director on a need to know basis. Students with verified positive tests will be prohibited from participating for the remainder of the season. A student who has tested positive may participate in the next sport season. However, any subsequent positive tests will result in a denial to participate for the balance of the school year.

Relevant Board Policy

In paraphrased form, policies of the Port Orford-Langlois School District 2CJ say:

Students have a right to attend school in an environment conducive to learning. Since drug, alcohol and tobacco use is illegal and interferes with both effective learning and the healthy development of children and adolescents, the school has a fundamental legal and ethical obligation to prevent drug use and to maintain drug-free educational environments (Board policy IGAEB). It is the policy of the district to provide a learning environment that is safe ... schools should be free from drugs and alcohol (Board policy JFCH/JFCI). It is the school's obligation to protect the health, welfare and safety of students (Board policy JFCG). Rules for athletes, which reflect the positive values of abstaining from the use of drugs, alcohol and tobacco, shall be created. A safe environment for athletic practice and competition shall be created.

Statement of Purpose

To assist in fulfilling the above district policies, goals and obligations, this administrative regulation requires all students who desire to be involved in athletics at Pacific High School to participate in the random drug-testing program herein established.

To prevent students from participating in athletics at Pacific High School during any time they are under the influence of illegal drugs. The student's health, welfare and safety as well as the safety of others are the prime reasons for this. In addition to the long- and short-term health risks associated with the use of illegal drugs, their use can physically, mentally and emotionally alter the body affecting the athlete's perceptions, reaction time, physical skills, judgment and/or temperament. Such changes could put the athlete, as well as his/her teammates and competitors, at risk of injury. As defined in Board policy JFCH/JFCI, "under the influence means at any time available tests can detect the illegal substance in the athlete's body."

This program is not intended to be disciplinary or punitive in nature. Disciplinary and punitive programs already exist. This program is in addition to all such programs and has no effect on them. However, no student shall be disciplined as a result of any verified positive test conducted under this program other than stated herein. This program does not affect the current policies, practices or rights of the Port Orford-Langlois School District, Pacific High School or its athletic department with respect to drug possession or use, where reasonable suspicion or proof is obtained by means other than drug testing through this program. Information gained from other programs and under other policies may be used in this program.

Program Goals

The goals of this program are to help prevent and/or reduce the use of illegal drugs among all PHS students by focusing on one group of students - athletes. Athletes who use illegal drugs place their health, safety and welfare at risk in ways that other students do not. Athletes also have unique responsibilities as leaders and role models. Thus, to provide for the health, safety and welfare of athletes as well as to prevent and reduce their use of illegal drugs this program will:

1. Help prevent use of illegal drugs by making it easier for athletes to say no;
2. Help reduce use of illegal drugs by making it easier for athletes to say no;
3. Educate the athletes further in the effects and consequences of illegal drug use;
4. Assist those athletes who might be using to stop;
5. By not allowing the athlete to participate while under the influence of illegal drugs:
 - a. Help protect the athlete from the health-related risks of drug use;
 - b. Help protect the athlete from injury;
 - c. Help protect team members and competitors from injury.
6. Promote the image of athletes as role models and leaders in the eyes of other students and the community.

Scope

This program will include all students in grades 9-12 who participate in Oregon School Activity Association governed extracurricular athletic programs at Pacific High School.

The reasons for this selection include:

1. Athletic participation is voluntary. It is a privilege. It is not required;
2. As an extracurricular activity, credit is not awarded for athletic participation. Thus, possible denial or restriction of the privilege to participate under this program would not affect a student's graduation;
3. The possibility of injury is greater in athletics than in nonathletic activities;
4. Students participating in athletics already have additional requirements placed on them that are above and beyond those of other students, including:
 - a. Pacific's athletic code;
 - b. Team rules;
 - c. Dress codes;
 - d. OSAA rules and regulations; and
 - e. Grade and credit requirements (PHS, district and OSAA).
5. Students participating in athletics are already required to provide medical/physical information (i.e., athletic physical) so that the school can help ensure their health, welfare and safety. As provided by law, participants who have been, or who are taking prescription medication shall not be required to provide such information prior to testing;
6. Athletes, by the very nature of sports, already have a lower expectation of privacy than other students;
7. The community, other students and the school itself have a higher expectation of athletes. They are leaders and role models.

Procedures

This program will be administered by the superintendent's designee (hereafter called program manager) who will have the authority to develop school rules and guidelines as needed to implement this program.

1. Registration

Each student who desires to participate in athletics covered by this program must sign, have his/her parent(s) or guardian(s) sign and return the consent form prior to participation in any athletic activity. Failure to return the form will result in no athletic participation of any type (including, but not limited to, practices and competitions).

This form needs to be completed annually. The student athlete, once signed up, will be eligible for random selection drug testing at any time in his/her sports season(s).

A student may withdraw from this program by written request signed by the student and a parent or guardian. Once withdrawn from the program, the student may not participate in PHS athletics again until he/she re-registers. To re-register a new consent form must be completed and the athlete must request (at the student's/parent's expense) a drug test and pass it. This process can take a week or longer.

2. Selection

Selection of athletes to be tested will be done randomly by the program manager from the pool of athletes who have turned in their consent forms. Random selection can be by individual, team and/or grade. Testing will generally occur during the school day during the regular school year. It can, however, occur during practices, before or after school and on weekends. Testing can also occur at any time during the year but will generally be done between the first day of fall practice in August and the last day of practice or competition.

3. Tests and Substances Tested for

This program will test for illegal drugs by the use of breathalyzers, saliva and/or urinalysis. All urine samples will be tested for marijuana or marijuana and methamphetamines. Nearly all, if not all, urine samples will be screened and tested for the following seven classes of drugs: Amphetamines (including methamphetamines), barbiturates, benzodiazepines (such as Librium and Valium, cocaine, THC (marijuana), opiates and alcohol. Tests for tobacco and/or performance-enhancing drugs (i.e., steroids) may also be conducted. The district and Pacific High School, however, maintain and reserve the right to test for any and all illegal drugs and are not limited by this listing. Current standards and testing procedures will be used in testing urine samples. Laboratory services will be provided by fully qualified and licensed professional drug testing services.

4. Collection Procedures

After being selected, the collection procedures will be explained to the student. Students will be transported to a medical collection site. A trained collector using standard guidelines, which provide for individual privacy unless there is reason to believe the student may attempt to alter or substitute the specimen, will collect the specimen. Strict procedures are followed to ensure the integrity of the specimen. Students will be asked to remove outer garments such as coats and gloves. They will be asked to leave backpacks and purses outside of the collection area. They may be asked to wash and dry their hands before providing the urine sample. Students will be allowed up to four hours to provide the specimen. If the student is unable to provide the specimen in that time, he/she will be required to return at a later time as determined by the program manager to provide the specimen under a higher degree of supervision with the requirement of additional drug test to deter any possibility of alteration or substitution of specimens.

5. Chain of Custody

The collector will check the specimen for obvious adulterations and record the temperature on the chain of custody form.

6. Drug Tests Results

The following procedures will be used with the results of all drug tests done through this program:

a. All Results

The results of the drug test as well as who has been tested is confidential information. Results will only be shared with the athlete, his/her parents and in the case of verified positive test results with the coach and athletic director on a need to know basis. No staff member other than the program manager is to share any information about specific students gained from this program with anyone. If asked and he/she feels the need to respond, the student's coach shall only say, "The student and I have decided that the student will not participate until further notice."

b. Negative Results

If the results of a drug test are negative (clean) for all drugs the program manager will notify the athlete and his/her parent(s) or guardian(s).

c. Positive Results

If the results of the drug test are positive for any drug, the program manager will arrange a meeting with the athlete and his/her parent(s) or guardian(s) to discuss the results and to determine if it is a verified positive test. At this meeting the parents and athlete can, if they desire, present evidence that the positive results were due to prescribed medication or other reasons, which will be considered in determining whether the positive test has been satisfactorily explained. The parent, guardian or athlete can, at their own expense, appeal by requesting that the specimen be retested. For every positive test, the program manager will assist the parents and athlete to arrange a plan to help ensure that the athlete's health, safety and welfare is protected.

d. Verified Positive Results

If the test is verified as positive, the program manager will:

- (1) Meet with the athlete and his/her parent(s) or guardian(s) to provide information, suggestions and/or resources that may be of assistance to the family;
- (2) Require the athlete to follow any plan of regular drug tests developed by the program manager to monitor the athlete.

7. Not Showing Up for a Test, Refusal to be Tested

An athlete who does not show up to be tested when requested or refuses to be tested will be considered to have a verified positive.

Financial Responsibility

- a. Under this program Pacific High School will pay for all initial random drug tests as well as follow-up tests requested by the program manager.
- b. Requests on appeal for another test of a positive urine specimen is the financial responsibility of the athlete and his/her parent(s) or guardian(s).
- c. Counseling and/or treatment by nonschool agencies are the financial responsibility of the athlete and/or his/her parent(s) or guardian(s).
- d. Re-registration testing and/or follow-up testing requested by the athlete or his/her parent(s) or guardian(s) shall be paid for by the athlete or his/her parent(s) or guardian(s).

Education Component

Near the beginning of each sports season, the program manager will arrange with the coach of each team to hold a team meeting to review this policy with the team members and to offer further education regarding substance abuse. The program manager shall plan this meeting with the coach and athletic director. Additional team meetings may be called to provide more educational opportunities.

Confidentiality

Under this drug testing program, any staff, coach, assistant, volunteer or sponsor of or with a Pacific High school athletic team who may have knowledge of the results of a drug test done through this testing program will not divulge to anyone the results of any test or the disposition of the student involved other than in the case of a legal subpoena being made upon the person. This again underscores Pacific High School's commitment to confidentiality with regards to this program.