

**Procedures for Handling Bleeding Injuries –  
Reducing Risk of Communicable Disease**

1. In the event of a bleeding injury (or spill of other body fluids), the following guidelines are recommended:
  - a. First Aid - if at all possible, encourage student to clean and dress his/her own wounds. If he/she is unable to do this:
    - (1) Wear disposable gloves when providing first aid if direct contact with blood or body fluids is anticipated.
    - (2) Place any blood stained first aid supplies in red plastic bag.
    - (3) Remove gloves (turning inside out), and place in plastic bag.
    - (4) Band-aids may be applied after removal of gloves, if caregiver will not come into contact with blood or wound drainage.
    - (5) Seal the bag, being careful to touch only the outside surface.
    - (6) If no blood spilled on other student, clothing, or equipment, wash hands thoroughly with soap and water.
    - (7) Avoid getting blood from injured student in the mouth or eyes. If such an exposure occurs, rinse the eye or mouth thoroughly with water for 1 to 2 minutes.
  - b. Blood Spill on another Student:
    - (1) If the student's skin is intact in the area of the blood contact, have him/her wash his/her own skin with a disposable towel containing soap and water. If the blood spill is extensive, it is recommended that the skin be scrubbed with soap under running water. Discard the towel in red plastic bag and tie shut. Wash hands well.
    - (2) If the student's skin at the area of blood contact is broken or not intact, have student thoroughly wash, scrubbing the skin with soap and running water. Use a skin disinfectant such as Hibiclens or 70 percent alcohol after washing.
  - c. Blood Spill on Clothing:
    - (1) If blood spill is small in quantity, area should be blotted, then wiped with hydrogen peroxide. The skin under the blood spill should be thoroughly washed with soap and water.
    - (2) If the blood spill is extensive, soiled garment should be removed. Skin under the area of the blood spill should be cleansed as in B (1 or 2). Soiled garment should be placed in red plastic bag and sent home with student for laundering.