

High School Athletics

1. Objective

The objective of the entire sports program is the promotion of the ideals of sportsmanship honesty, loyalty, courage, and respect for authority. Further, the sports program will strive to teach spirit and the competitive will to win, fitness through individual sacrifice, the values of team play and wholesome well-being through healthful and social association with other athletes while under proper leadership. Further, participants in any sports activity shall conduct themselves in a manner that will bring credit upon their school, their team, their teammates and themselves.

2. Participation

- a. Prior to any participation in a sports program, a student shall have had a physical examination by a licensed doctor and some form of satisfactory insurance coverage. The student will be responsible for completing an “Annual Interval History” form to be presented to the athletic director before participation begins.
- b. All high school athletes are eligible for athletic participation until:
 - (1) They fail to meet OSAA scholarship standards and all OSAA rules pertaining to participation.
 - (2) They have been temporarily suspended by the coach, administration, athletic director and/or head coaches’ panel for athletic policy violations.
 - (3) They have been dropped from the team by the coach, administration, athletic director and/or head coaches’ panel for athletic policy violations.
 - (4) They fail two or more courses in any grading period, or fail one course and have less than a 2.0 grade point average in the courses passed, and fail to take advantage of the opportunity of becoming temporarily eligible through “eligibility opportunity” sessions.
- c. To participate in either practices or games on a particular day, the high school athlete must have been in attendance at school for that entire day. Exceptions may be made in the case of properly arranged and documented religious, medical, dental or administrative excuses.
- d. Coaches will maintain communication with classroom teachers to insure that the athlete is maintaining acceptable standards in scholarship, as well as conduct, effort and citizenship. (Teachers will be informed in writing of this policy and asked to report any problems.)
- e. Students have the responsibility of attending all practice sessions of their sport unless they have made prior arrangements with their coach. Continued absence or skipping of practice may result in suspension or dismissal from the team. Coaches will determine whether an absence is excused or unexcused.

3. Training and Behavior

- a. Use or possession of alcohol, illegal drugs or tobacco in any form is prohibited.

- b. Purposely displaying personal anatomical parts is prohibited.
- c. Stealing or purposely destroying school equipment or property is prohibited.

Any violation of the training and behavior rules will result in the student having his/her case reviewed by the athletic director. If a violation is determined to have occurred, the athlete will be suspended from athletic participation according to the guidelines listed below:

(1) First Offense

- (a) Suspension for four weeks from the date of the offense.
- (b) To continue to be eligible following the suspension, the athlete must continue to practice with the team during the time of suspension. He/she will not be allowed to compete in any interscholastic contests or to travel to away contests with the team, or to participate at any public functions with the team.
- (c) If the infraction occurs near the end of one season, the athlete must continue to practice with his/her team in order for the assessed days to be reduced.
- (d) If the days assessed near the end of any particular season cannot be served during that season, the count stops at the end of the season and commences with the first practice day of the next season. The “next season” is defined as the next athletic season in which the athlete wishes to participate in any way other than as a spectator.

(2) Second Offense

- (a) The athlete will not be allowed to compete in any interscholastic contest for the remainder of that season regardless of the number of days remaining in the season.
- (b) Suspension for four weeks. This second suspension is subject to the same conditions as the first suspension.

(3) Third Offense

The athlete will not be allowed to compete in athletics at Rainier High School for the remainder of his/her four years at Rainier High School.

(4) Appeal Procedure

An athlete who wishes to appeal any suspension or disciplinary action may ask to have the case reviewed by the Head Coaches’ Panel. A 75 percent vote by the head coaches’ panel is needed to overturn any suspension decision.

- d. Students who have been arrested or charged with violation of any law, such that such arrest or law violation reflects adversely on the athletic program will be subject to the *Rainier High School Athletic Code*.
- e. Additional training rules may be developed by coaches covering their respective program.

4. Head Coaches’ Panel Meeting Procedure

- a. A panel of five head coaches will make up the panel.
- b. All decisions reached by the panel must be by a 75 percent vote.

- c. When an appeal is requested, the following procedure will be in effect:
 - (1) Principal is notified by the athletic director.
 - (2) Athletic director will set up a meeting at the earliest possible date
 - (3) The athletic director will notify the parents of the student involved, telling them of the circumstances of the case, and the date and time of the meeting, which the parents may attend.
 - (4) The athletic director will notify the student involved.
 - (5) The panel will investigate the violation.
 - (6) The athletic director will notify all concerned of the decision reached.

5. Athletic Trips

- a. Active participants in any sport activity shall conduct themselves in a manner that will bring credit upon themselves, their school, their team, and their teammates.
- b. It is imperative that all students represent their school in the best way possible by exercising good manners and courteous behavior.
- c. The coaches are responsible for the discipline of the players and others riding the bus. Discipline shall not be less than the State adopted rules for school buses. Misconduct on the bus will result in disciplinary action by the coach. Students are not to board buses or to be on the bus unless a coach is present.
- d. Food will be permitted unless the practice is abused. This privilege may be withdrawn at the discretion of the coach. No glass containers are allowed. All students are responsible for leaving a clean bus.
- e. Coaches are not responsible for lost or stolen items.
- f. It is the student's responsibility to inform his/her parents of the approximate return time from a trip.
- g. All athletes must ride to and from contests in district provided transportation. An athlete may, at the discretion of the coach, ride home from a contest with his/her parents. The parent(s) must personally pick up their son/daughter after the contest and must personally give the coach a note stating that they are taking custody of their child.
- h. Any arrangements for getting off the bus at other than the high school must be made prior to bus departure for the contest. Parents or legal guardians must personally contact the coach and must make arrangements for having someone meet the bus.
- i. Coaches/chaperones are responsible for all students until they have left the campus.

6. Accidents and Injuries

- a. All injuries during practices or games must be reported to the coach in charge.
- b. Any participant who has been to see a doctor for an athletic injury, must report this to the office as soon as possible.
- c. Once a participant has suffered an injury which needs a doctor's attention, he/she will not be considered for active participation until the doctor has signed a release form.
- d. All coaches will notify the administration of an injury as soon as possible. A follow-up using the district form is necessary.
- e. Coaches shall not administer internal medicine and shall exercise due care in administering first aid to an injured player.