

Athletic Physical Examination

In accordance with current OSAA and Department of Education guidelines Rainier School District No. 13 will have physical examinations for athletes in the sixth (6th), eighth (8th) and tenth (10th) grade years.

Generally, a physical examination is good for three years.

Students in grades 7 through 12 who have had a physical examination, as indicated above, will be required to submit an "Annual Interval History Form" before they can participate in any athletic practice or contest. This form must be completed and signed by the parents, indicating permission for their child to participate and indicating their responsibility to provide insurance coverage for their child.

Any student who has had an injury, surgery, diagnosis of a significant disease process or illness in the past year, may require an additional physical examination prior to participation.

A participant who has an injury or illness requiring the care of a physician must have written authorization from the physician prior to returning to participation.