

## Health Education Program

The Board recognizes that student health and success in school are interrelated. Schools cannot achieve their primary mission of education if students are not healthy and fit physically, mentally and socially. In order to play a proactive role in preventing disabling chronic health conditions, unnecessary injury and disease, to help students learn to take responsibility for their own health and to adopt health-enhancing attitudes and behaviors, the district shall adopt a comprehensive health education program consistent with the requirements of state and federal law.

The district's program will be developed in cooperation with staff, parents, members of the community and state and local agency representatives, as appropriate, and adopted by the Board. The input of students will be encouraged. Development of the district's program will be guided by the following goals:

1. Each district school shall be a safe and healthy place for students and employees to learn and work, with a climate that nurtures learning, achievement and growth of character;
2. All students shall be taught the essential knowledge and skills they need to become health literate – that is, to make health-enhancing choices and avoid behaviors that can damage their health and well being;
3. Each district school shall be organized to reinforce students' adoption of health-enhancing behaviors and staff shall be encouraged to model healthy lifestyles; and
4. School leaders shall ensure that the nutrition health services and social services students need in order to learn are provided, either at the school site or in cooperation with other community agencies.

The superintendent will develop administrative regulations as needed for the implementation of this policy, including a process for the regular review and evaluation of the district's program.

END OF POLICY

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**Legal Reference(s):**

[ORS 332.107](#)

[OAR 581-022-0705](#)