

## Physical Examinations of Students\*\*

Students are to have physical examinations performed prior to practice and competition in athletics and every other year thereafter. The examination should be performed no earlier than May 1 of the preceding school year.

Students who have had a physical examination as indicated above are required to have an “Annual Interval History Form” filled out before they can take part in any athletic practice or contest (during alternate non-exam years). This form is to be completed and signed by a parent, giving permission for the student to participate and indicating their responsibility toward insurance coverage. The district may require a student have an additional physical examination if he/she has had an injury, surgery, diagnosis of a significant disease or illness in the past year.

A student new to the district is required to have a physical examination if he/she has not had the required Oregon medical examination or its equivalent.

Any participant who has an injury or illness and has been under the care of a physician must have a “Return to Play” form signed by the physician before participation.

END OF POLICY

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### Legal Reference(s):

[ORS 332.107](#)  
[ORS 336.479](#)

[OAR 581-021-0041](#)

OREGON SCHOOL ACTIVITIES ASSOCIATION, OSAA HANDBOOK.

### Cross Reference(s):

IGDH - Contests for Students  
IGDJ - Interscholastic Athletics