

## Use of Restraint and Seclusion

The Board is dedicated to the development and application of best practices within the district's educational/behavioral programs. It is the intent of the Board to establish a policy that defines the circumstances that must exist and the requirements that must be met prior to, during and after the use of restraint and/or seclusion as an intervention with district students.

### Definitions

“Physical restraint” means the restriction of a student's movement by one or more persons holding the student or applying physical pressure upon the student. Physical restraint does not include touching or holding a student without the use of force for the purpose of directing the student or assisting the student in completing a task or activity.

“Seclusion” means the involuntary confinement of a student alone in a room from which the student is prevented from leaving. Seclusion does not include “time out.”

“Time out” means the removal of a student for a short period of time to provide the student with an opportunity to regain self-control, in a setting from which the student is not physically prevented from leaving.

The use of physical restraint and/or seclusion is only permitted as a part of a behavioral support plan when other less restrictive interventions would not be effective and the student's behavior poses a threat of imminent, serious physical harm to the student or others.

Physical restraint and/or seclusion are safety responses; they are not a behavioral treatment, a behavioral intervention, or a planned behavioral management method in a student's:

1. Personal education plan;
2. An individualized education plan (IEP); or
3. A 504 plan.

The use of physical restraint and/or seclusion is allowable only if all the following conditions are met:

1. There is an imminent danger of physical injury;
2. When implemented by staff certified through a state-approved training program;
3. When less invasive interventions would not work to protect the student or others from injury; and

4. When trained staff members are monitoring the student closely.

The district shall utilize the Mandt System training program of physical restraints and seclusion. As required by state regulation, the selected program shall include: behavioral support, prevention, de-escalation and crisis response techniques.

An annual review of the use of physical restraint and seclusion, including a review of all district cases involving restraint and/or seclusion, shall be completed to ensure compliance with district policies and procedures. The results of the annual review shall be documented.

The district shall investigate all complaints regarding the use of restraint and/or seclusion practices according to the procedures outlined in Board policy KL – Public Complaints.

The superintendent or designee shall develop administrative regulations to carry out the requirements set forth in this policy and to meet any additional requirements established by law.

END OF POLICY

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**Legal Reference(s):**

[ORS 339.250](#)

[OAR 581-021-0061](#)

[OAR 581-021-0062](#)

**Cross Reference(s):**

JGA - Corporal Punishment

JGDA/JGEA - Discipline of Disabled Students