

# Springfield School District 19

Code: **JHCA**  
Adopted: 3/17/05  
Readopted: 9/10/07  
Orig. Code(s): JHCA

## **Physical Examinations of Students\*\***

All students participating in athletics shall be required to have a physical examination once in two years with an annual update of information. Students participating in athletics for the first time are required to submit evidence of a physical examination. Participation, as used in this policy, means participation in sports practices and interscholastic sports competition.

The physical examination must be conducted by a physician possessing an unrestricted license to practice medicine, a licensed naturopathic physician, licensed physician assistant, a certified nurse practitioner or licensed chiropractic physician who has clinical training and experience in detecting cardiopulmonary diseases and defects.

Students who continue to participate in extracurricular sports in grades 7 through 12 shall be required to complete a physical examination once every two years, thereafter.

Students are required to submit to the district a School Sports Preparticipation Examination form prior to their participation. This form is to be completed and signed by a parent and physician, giving clearance and permission for the student to participate and authorizing emergency medical treatment and/or transportation to a medical facility, as necessary. The district shall require a student to have an additional physical examination if he/she is diagnosed with a significant illness or has had major surgery, prior to further participation in extracurricular sports.

END OF POLICY

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### **Legal Reference(s):**

[ORS 332.107](#)

[ORS 336.479](#)

OR. SCH. ACTIVITIES ASS'N, OSAA HANDBOOK (2005).